

## DUATHLON EVENT CALENDAR 2010

**NOTE:** This calendar is constantly being updated.

| APRIL           | EVENT                                 | DISTANCE                         | VENUE                | REGISTRATION   | CONTACT        | PHONE               |
|-----------------|---------------------------------------|----------------------------------|----------------------|--|----------------|---------------------|
| Sun 18th        | <b>ECTA Duathlon Champs</b>           | <b>Junior / Sprint / Olympic</b> | <b>Pollock Beach</b> | <b>7am</b>   | <b>Nikohla</b> | <b>087 808 4712</b> |
| 25th            | SpecSavers IronMan SA                 |                                  | Hobie Beach          |  |                |                     |
| MAY             | EVENT                                 | DISTANCE                         | VENUE                | REGISTRATION   | CONTACT        | PHONE               |
| Sun 2nd         | ECTA Duathlon Development             | Junior / Sprint / Olympic        | Pollock Beach        | 7am  | Nikohla        | 087 808 4712        |
| Sat 8th         | ATU African Triathlon Championships   |                                  | Durban               |  | TSA            |                     |
| Sun 16th        | ECTA Duathlon Development             | Junior / Sprint / Olympic        | Pollock Beach        | 7am  | Nikohla        | 087 808 4712        |
| <b>Sat 29th</b> | <b>SA Duathlon Champs</b>             |                                  | <b>Bloemfontein</b>  |  | <b>FST</b>     |                     |
| JUN             | EVENT                                 | DISTANCE                         | VENUE                | REGISTRATION   | CONTACT        | PHONE               |
| Sun 13th        | ECTA Duathlon Development             | Junior / Sprint / Olympic        | Pollock Beach        | 7am  | Nikohla        | 087 808 4712        |
| Sun 27th        | ECTA Duathlon Development             | Junior / Sprint / Olympic        | Pollock Beach        | 7am  | Nikohla        | 087 808 4712        |
| JUL             | EVENT                                 | DISTANCE                         | VENUE                | REGISTRATION   | CONTACT        | PHONE               |
| Sun 11th        | ECTA Duathlon Development             | Junior / Sprint / Olympic        | NMMU                 | 7am  | Nikohla        | 087 808 4712        |
| Sun 25th        | ECTA Duathlon Development             | Junior / Sprint / Olympic        | NMMU                 | 7am  | Nikohla        | 087 808 4712        |
| AUG             | EVENT                                 | DISTANCE                         | VENUE                | REGISTRATION   | CONTACT        | PHONE               |
| Sun 1st         | Momentum Health Iflex Duathlon Series | Junior / Sprint / Teams          | Pollock Beach        | <a href="http://www.enteronline.co.za">www.enteronline.co.za</a> | Anna-Marie     | 082 954 9628        |
| Sun 22nd        | ECTA Duathlon Development             | Junior / Sprint / Olympic        | Pollock Beach        | 7am  | Nikohla        | 087 808 4712        |
| SEP             | EVENT                                 | DISTANCE                         | VENUE                | REGISTRATION   | CONTACT        | PHONE               |
| Sun 5th         | ECTA Duathlon Development             | Junior / Sprint / Olympic        | NMMU                 | 7am  | Nikohla        | 087 808 4712        |
| Sun 19th        | ECTA Duathlon Development             | Junior / Sprint / Olympic        | NMMU                 | 7am  | Nikohla        | 087 808 4712        |

**NOTE:**

**28th Nov BSG Energade Tri Series - Pollock Beach**